Which Veggies for Which Season?

Planting in the proper season is the first step to a bountiful garden!

Because a vegetable needs either WARM or COOL weather, crops sort themselves into two distinct categories:

FOR SPRING AND FALL:

Plant the hardy and semi-hardy vegetables below in early spring for spring harvests and again in late summer for fall harvests.

Hardy vegetables tolerate hard frosts (usually 25 to 28 degrees F). They are good for spring and fall gardens. The hardiest–kale, spinach, and collards can tolerate temperatures in the low 20s and high teens.

Semi-hardy vegetables tolerate light frosts (usually 29 to 32 degrees F) late into fall and through winter in mild climates. They are good for spring and fall gardens.

Broccoli
Brussels sprouts
Cabbage
Collards
English peas
Kale
Kohlrabi

Leeks
Mustard greens
Parsley
Radish
Spinach
Turnip

Beets
Carrot
Cauliflower
Celery
Chinese cabbage
Irish potatoes
Radicchio
Rutabaga
Salsify
Swiss chard

Endive

Lettuce and gourmet salad greens

FOR SUMMER:

Plant these in high spring, after the threat of frost is past. These tender vegetables need warm weather (65 to 90 degrees F) to grow and are killed by frost. They are for summer gardens only!

Beans
Corn
Cucumber
Eggplant
Gourds
Melons
Okra

Peppers
Pumpkins
Basil
Summer squash
Sweet potatoes
Tomatoes

