



# VEGETABLE SEED PLANTING GUIDE

START SEEDS INDOORS

DIRECT SOW/TRANSPLANT

HARVEST

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
					← FROST-FREE ZONE →								
ROOT VEGGIES					CORN								
			ONIONS										
			TURNIPS					TURNIPS					
			BEETS					BEETS					
			CARROTS					CARROTS					
SQUASH FAMILY				MELONS									
				WINTER SQUASH									
				SUMMER SQUASH									
				CUCUMBERS									
LEGUMES			PEAS						PEAS				
			BEANS										
LEAFY GREENS		SPINACH							SPINACH				
		LETTUCE							LETTUCE				
		KALE							KALE				
BRASSICA FAMILY		CABBAGE						CABBAGE					
		BROCCOLI						BROCCOLI					
		BRUSSELS SPROUTS											
			CAULIFLOWER					CAULIFLOWER					
TOMATO FAMILY			POTATOES										
		EGGPLANTS											
		PEPPERS											
		TOMATOES											

THIS IS A GENERAL PLANTING GUIDE AND WILL GREATLY DEPEND ON WEATHER CONDITIONS.