

It is an awesome sight to capture a glimpse of a ruby-throated hummingbird hovering over the flower garden on a sunny summer morning. If you are lucky enough, or simply clever in your garden planning, hummingbirds may be seen busily buzzing about, seeking garden nourishment, sampling everything in their path. Unfortunately, they leave as rapidly as they arrive. This season, attract more of these miniature avian anomalies and keep them returning year after year.

WHAT HUMMINGBIRDS WANT

Nectar! Hummingbirds want nectar!

Hanging a feeder is good way to encourage these visitors. Choose one with red parts to resemble the flowers they prefer. Fill the feeder with a mixture of one part sugar to four parts hot water to help the sugar dissolve. Fill the feeders after the mixture has cooled. Easier yet, fill with instant nectar purchased at your local garden center. Clean feeders every 2-3 days early and late in the season, and daily in hot water to avoid bacteria growth.

You can charm hummingbirds to your yard with a selection of their favorite nectar-producing flowers. Hummingbirds are not attracted by scent, but by color. Red happens to be their favorite; however, pink, purple, blue, orange, and yellow will also catch their eye. Tubular flowers accommodate these birds' long, narrow bills. Select a wide variety of plants that bloom at different times to keep hummers well fed all season long.

The easiest way to keep hummingbirds fed is to provide a lush landscape filled with their favorite flowers. Plan on planting nectar-producing plants that are early, mid, and late-season flowering. Hummingbirds need a great deal of food to maintain their strength and body weight.



Fortunately, it is easy to plant for hummingbirds because they will sample nectar from a wide variety of blooms. No matter your yard size, soil type, sun exposure, or moisture levels, there are plants that you can add to the landscape to entice hungry hummers to stop for a snack.

Refrain from using insecticides when attracting hummingbirds, as they rely on insects for protein in their diets—especially during the summer nesting season when young hummers need extra protein for healthy growth.

Did you know that hummingbirds will return to the same garden year after year? To ensure that they find your garden and continue to return annually, it is important to keep hummingbirds plants thriving. **Coast**

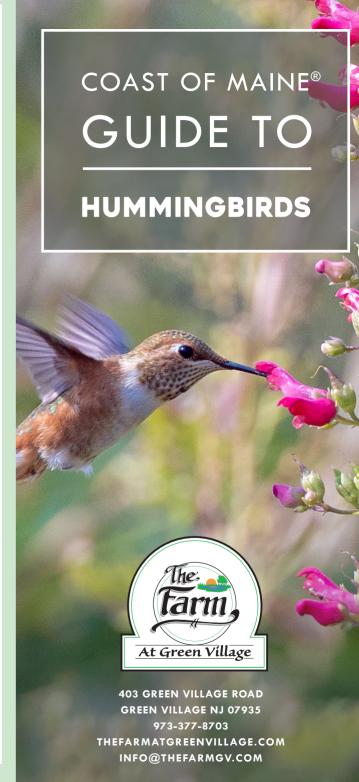
of Maine Penobscot Blend Organic & Natural Planting Mix will enrich your garden soil.

creating a flourishing environment for nectar-rich plants of all kinds. Healthy soil equals healthy plants!

FUN HUMMINGBIRD FACTS

- Hummingbirds are the smallest birds in the world.
- There are over 340 species of hummingbirds, and they are found only in the western hemisphere. Most species are found in the tropics.
- Hummers can hover as well as fly straight up and down, sideways, backwards, and even upside down.
- Hummingbirds beat their wings around 75x/second.
- They can drink 8 times their body weight and consume about 500 insects daily.

This spring, as the hummingbirds migration is in progress, make sure that you are ready to accommodate these tiny treasures by providing a banquet of nectar to sustain them while visiting their summer destination.



Coast of Maine

HUMMINGBIRD HANDGUIDE





ANNUALS THAT ATTRACT HUMMINGBIRDS

Cigar Plant Flowering Tobacco Four O'Clocks Fuchsia Geraniums

Impatiens Lantana

Mealy Blue Sage

Mexican Bush Sage

Nasturtium Petunia

Pineapple Sage

Red Salvia Snapdragon

Zinnia





PERENNIALS THAT ATTRACT HUMMINGBIRDS

Agastache Gaura Hollyhocks Bualeweed Bee Balm Hosta **Beard Tonque** Lily Bleeding Heart Lupine Cardinal Flower Penstemon Catmint Phlox Columbine Rose Mallow

Coral Bells Russell Hybrid Lupine Daylily Salvia

Daylily Salvia
Delphinium Spigelia
Salvia Spided G

Foxglove Spiked Gayfeather





BULBS THAT ATTRACT HUMMINGBIRDS

Blackberry Lily Canna Crocosmia

Dahlia Gladiolus Tuberous Begonia



VINES THAT ATTRACT HUMMINGBIRDS

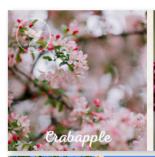
Cypress Vine Honeysuckle Morning Glory Scarlet Runner Bean Trumpet Vine Wisteria





SHRUBS THAT ATTRACT HUMMINGBIRDS

Azalea Butterfly Bush Glossy Abelia Lilac Rhododendron Weigela







TREES THAT ATTRACT HUMMINGBIRDS

Bottlebrush Buckeye Catalpa Crabapple Eastern Redbud Horse Chestnut Tulip Tree