



FROST TOLERANT VEGETABLES FOR YOUR FALL GARDEN

CROP	GERMINATION		DAYS TO MATURITY (VARIETY DEPENDENT)	FROST TOLERANT DOWN TO	WHEN TO DIRECT SOW BEFORE FIRST FROST
	MINIMUM SOIL TEMPERATURE	OPTIMAL SOIL TEMPERATURE			
ARUGULA	40°F	50°F - 70°F	20 - 45	25°F	4 - 6 weeks
BEETS	45°F	60°F - 75°F	45 - 65	15°F	6 - 8 weeks
BOK CHOY	60°F	75°F - 85°F	35 - 60	25°F	6 - 8 weeks
BROCCOLI	40°F	60°F - 85°F	48 - 75	15°F	12 - 14 weeks
CABBAGE	40°F	60°F - 85°F	60 - 100	15°F	10 - 12 weeks
CARROTS	45°F	60°F - 85°F	55 - 75	0°F	10 - 12 weeks
CAULIFLOWER	40°F	75°F - 85°F	70 - 80	15°F	10 - 12 weeks
COLLARDS	55°F	75°F - 85°F	50 - 80	15°F	14 - 16 weeks
ENDIVE	35°F	60°F - 70°F	42 - 70	25°F	8 - 10 weeks
KALE	45°F	65°F - 80°F	21 - 55	25°F	10 - 12 weeks
KOHLRABI	45°F	65°F - 80°F	50 - 70	15°F	10 - 12 weeks
LEEK	40°F	65°F - 85°F	75	0°F	8-10 weeks: Start indoors 3-4 weeks: Transplant seedlings
LETTUCE	50°F	60°F - 70°F	21 - 65	25°F	4 - 6 weeks
MÂCHE GREENS	40°F	60°F - 75°F	60	0°F	4 - 6 weeks
MIZUNA GREENS	40°F	60°F - 75°F	30 - 50	25°F	10 - 12 weeks
RADISH, SUMMER	40°F	65°F - 85°F	28	25°F	4 - 6 weeks
RADISH, WINTER	40°F	65°F - 85°F	65 - 70	15°F	8 - 10 weeks
SCALLIONS	45°F	60°F - 85°F	60 - 65	0°F	8 - 10 weeks
SPINACH	40°F	50°F - 75°F	28 - 45	0°F	4 - 6 weeks
TATSOI	60°F	65°F - 75°F	45	15°F	6 - 8 weeks
TURNIPS	50°F	65°F - 85°F	30 - 50	15°F	8 - 10 weeks